

# BIG PUSH for mito

5 PEOPLE - 5 MILES  
- & 1 WHEELCHAIR

Calderdale Royal Hospital, Halifax to  
Emma's GPs' Surgery in Church Lane,  
Brighouse, going through Salter Hebble

**CAN YOU TAKE UP THE  
CHALLENGE & COMPLETE  
THE BIG PUSH FOR MITO?**

With a team from your sports/hobby/social  
club, work, family, church ... or anywhere!

Get sponsored, have fun, raise  
awareness and funds to

**HELP FIND A  
CURE FOR  
MITO**

**TEAMS INVITED  
NOW!** - be one of the first to take  
part in this new charity event



Get full details and  
sign-up forms from Christine on

**01484 719250**

[christine@mymitomission.uk](mailto:christine@mymitomission.uk)

**Sunday 16<sup>th</sup> September 2018, 1pm**

Helping to highlight Global Mitochondrial Disease Awareness Week  
16th – 22nd September 2018



More on Emma and her story online at:  
[www.mymitomission.uk/emmabeal](http://www.mymitomission.uk/emmabeal)

Facebook & YouTube:  
Emma's Mito  
Mission

to  
increase  
awareness,  
funds for research,  
support and information  
and above all hopes of a cure for  
**EVERYONE** with mitochondrial disease

Emma's Mito Mission is in Aid of My Mito Mission Charity Registered in England & Wales No.1176616

kindly supported  
by:

